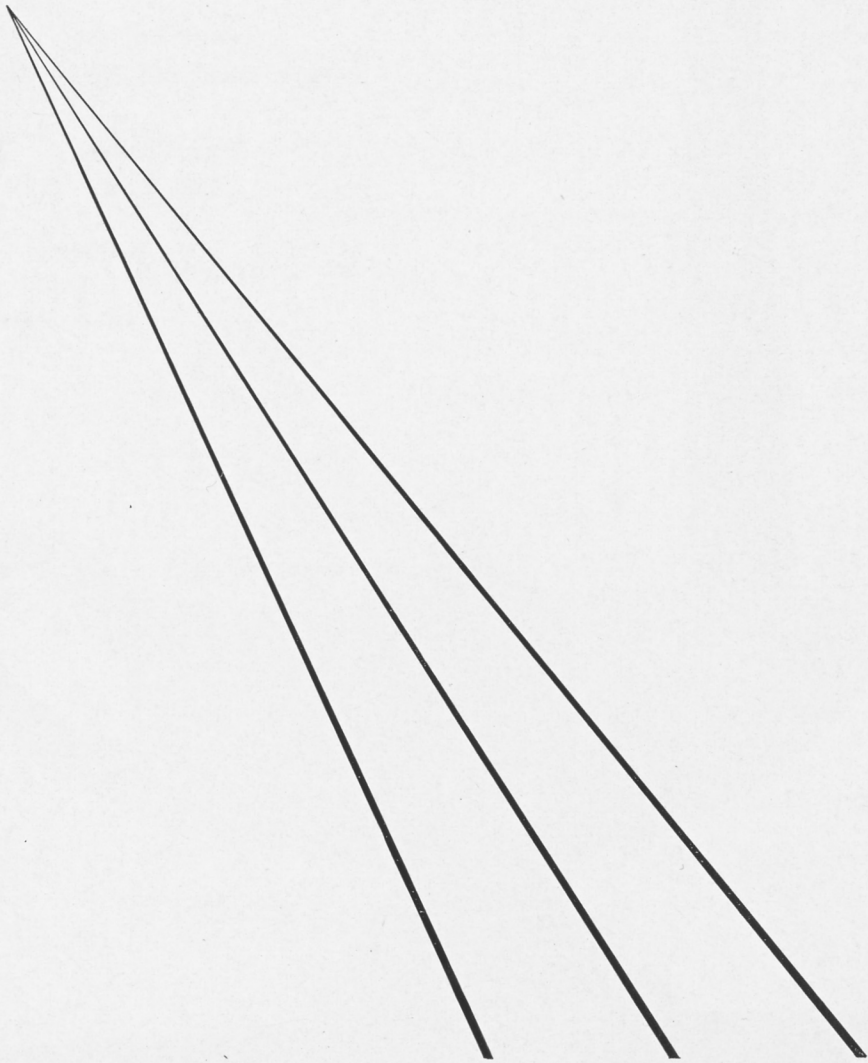




H. F. H.  
1955 - 56





H. F. H.  
1955 - 56



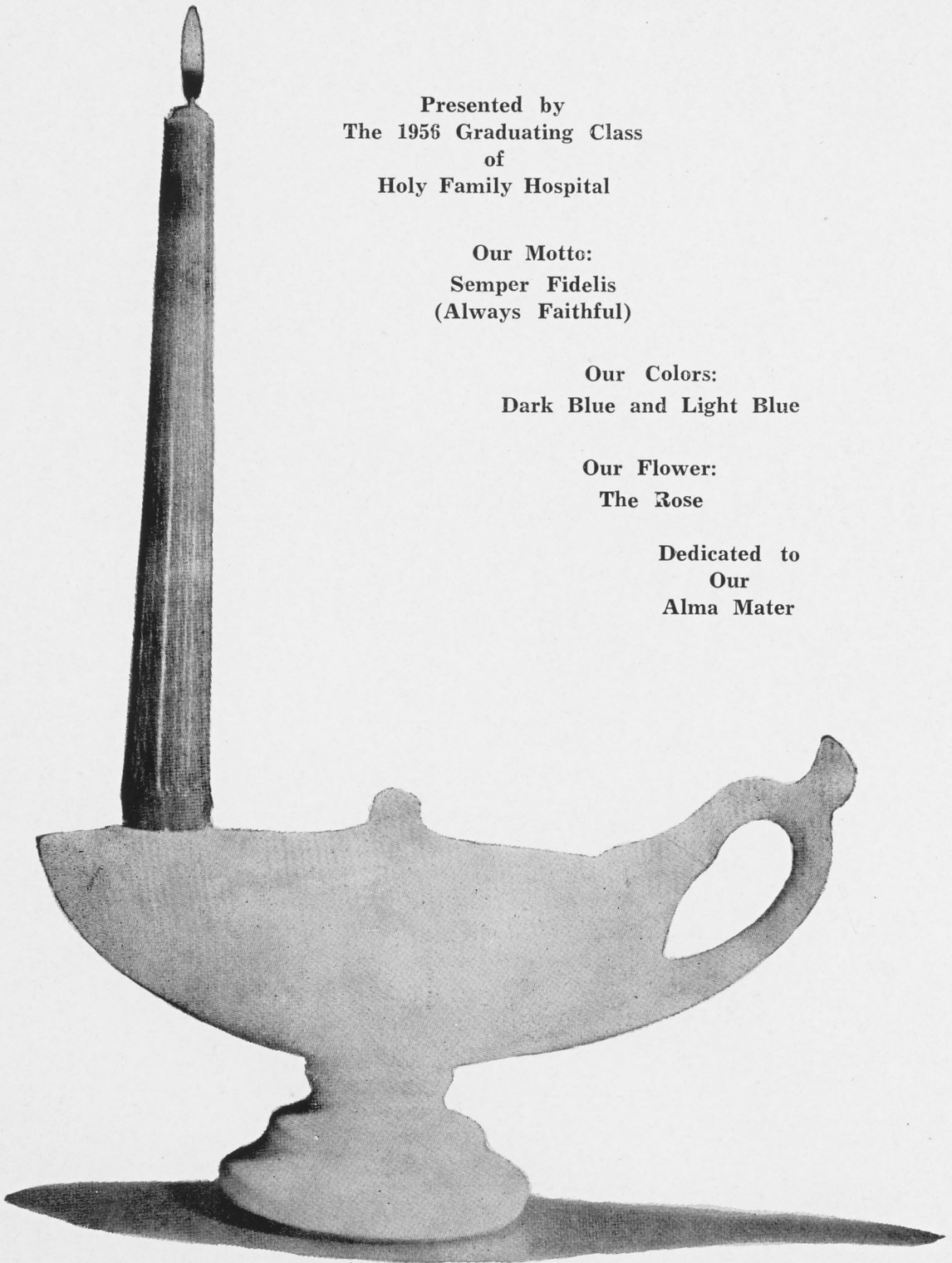
Presented by  
The 1956 Graduating Class  
of  
Holy Family Hospital

Our Motto:  
Semper Fidelis  
(Always Faithful)

Our Colors:  
Dark Blue and Light Blue

Our Flower:  
The Rose

Dedicated to  
Our  
Alma Mater





# The Nightingale Pledge

I solemnly pledge myself before God and in the presence of this assembly:

To pass my life in purity and to practice my profession faithfully.

I will abstain from whatever is deleterious and will not take or knowingly administer any harmful drug.

I will do all in my power to elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping, and all family affairs coming to my knowledge in the practice of my profession.

With loyalty will I endeavor to aid the physician in his work, and devote myself to the welfare of those committed to my care.



Back Row (L. to R.): F. Buchanan, J. Goehr, P. Zelowsky, F. White, S. Rybka, J. Hrick.  
Front Row: H. Charko, S. Simons, P. Matheson, M. Henry, H. Kawula.

## Year Book Staff

Editor - - - - -	S. Rybka
Assistant Editor - - - - -	F. Buchanan
Photos - - - - -	E. Hicks & F. White
Alumnae - - - - -	F. White
Humor - - - - -	P. Matheson & P. Zelowsky
Art - - - - -	J. Hrick
Business Manager - - - - -	M. Henry
Literary - - - - -	J.Cote, H. Kawula, & S. Simons
Sodality - - - - -	G. Roussel
Secretary-Treasurer - - - - -	H. Charko
Social - - - - -	J. Goehr

## Editorial

As I write these words in our 1955-56 year book, I think only with regret, that they are my farewell to H.F.H. We of the graduating class are now, day by day, drawing toward the final hours of training.

During our three years, the Instructresses, Doctors, Supervisors and Sisters, have been the guides; now we step forth as masters of our own destinies. Let us always remember our motto "Semper Fidelis."

To you, the undergrads, we wish every success. Study earnestly and perseveringly, and use every hour of every day as a stepping stone to your ideal. To Holy Family School of Nursing we bid our farewell.

*Shirley Rybka*



## Student Council



**Fern Buchanan, President**

**Florence Johnson, Vice-President**

**Pat Turner, Secretary**

**Gayle Palmer, Treasurer**

### STUDENTS' REPORT

In the past year the student participation association has been more active than previously. Our new residence has provided us with more facilities for recreation.

Our mass meetings were held in the first week of every month, all students off-duty attending. Committees elected by the association or appointed by the executive council have arranged numerous parties and other social activities. We have also purchased a ping pong table. Several raffles and a rummage sale have been staged to finance our activities.

Our biggest projects of the year have been sending two students to the SRNA Convention in Regina. This year Miss Henry and Miss Kowalczyk represented HFH. Miss Jameson and Miss Rybka had the privilege of being the first two students from HFH to participate in the CNA, which was held in Winnipeg this year.

We are all planning for a bigger and better student council next year.





Most Reverend Leo Blais, D.D.  
Bishop of Prince Albert

Our Hospital





## Chaplain's Message

I derive a great deal pleasure in accepting this opportunity of extending my warmest congratulations to the Graduating Class of 1956. The very purpose of my remarks points out to the fact that some of you are chosen for honors, that whilst all of you were called to success in study and urged to a higher standard of excellence in your class, yet only a few were chosen for honors; thus illustrating the principle of selection, the law of survival of the fittest. It exemplifies as well that the race is to the swiftest and the victory to the strongest.

Nursing School life is the picture of the larger life outside for which it is, indeed, but a preparation and training ground. You may not realize the connection, but it is there as truly as the link between spring and autumn, cause and effect, tree and fruit, the river and its source. No doubt, many amongst you, though not winners of prizes and not figuring in the list of candidates for honors, yet conscientiously did your best. It is success in shadow. Though not decked with laurels, you have done your duty. Now leaving school after your years of training and your graduation is only passing or being drafted from one school to another.

Life is a training ground for the Kingdom of God. Do your part and rest assured that God will do His. Religion holds the first place, and as queen of the sciences, let it be first in your thoughts, not to rest merely in the head, but penetrate down in your hearts. Let it be in your lives, a living energizing force, influencing your conscience, mind and affection. We are all scholars in the great school of Christ but you are exceptionally favored. My earnest wish is that you meet with every success. May God bless your noble endeavours.

*Father Charron, Chaplain*

"Semper Fidelis" — may this always be your motivation throughout your nursing career. True success will be determined by consistent faithfulness to the ideals and teachings of your training school.

The only true focus is the unsurpassably excellent care of the patient, characterized by a Christ-like spirit of kindness, respect for and confidence in authority, and co-operation with all fellow-workers.

Congratulations! — and — God bless you!

*Sister Mary James,  
Administrator.*



It seems no time since at your capping ceremony, I heard you dedicate yourselves to your profession of nursing and now, having fulfilled the training period, you are about to enter into the fullness of it.

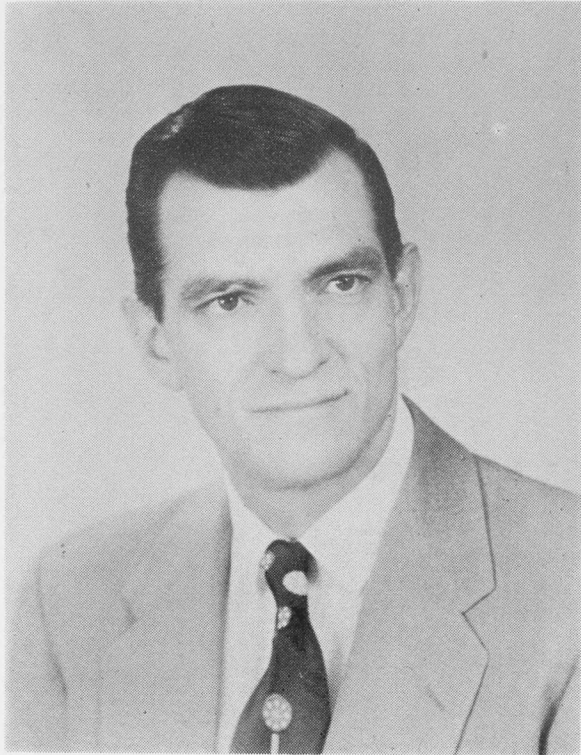
The happiness you will derive from your nursing will depend on the attitude with which you perform it. May I remind you that the best and the hardest work in the world is done for fun, and it is the people in the professions who have the finest opportunity to work that truth out.

As a professor once said, "The University pays me for doing what I would gladly pay for the privilege of doing if I could only afford it." Yes, it is the attitude so finely expressed towards our work that, once developed, will sustain your spirit, your interest, your energy in giving voluntarily of your most and best at all times. Let this be your pledge, as you leave your school of training.

I wish you every success and happiness in your future life.

*Sister Germaine,  
Director of Nurses.*





Sincere congratulations to the class of 1956 on this your graduation.

You have spent an arduous three years, but what you have learned will serve you well your entire life. Caring for the sick will bring you a satisfaction which is to be found in very few callings. Best wishes for the future.

*Dr. J. B. Wallace,  
H. F. H., Medical Staff.*

## A Message From Our Medical Adviser

May I again take this opportunity to congratulate you on achieving the goal for which you have been aiming for the past three years.

The complexities of the sciences of Medicine and Surgery must have at times looked almost insurmountable during the short time you had to obtain a working knowledge of their many special fields.

Also many of you have had some varied personal experiences with the specific illnesses about which you have studied, but, as you glance backward I am sure you will all agree that it all has been a wonderful and worthwhile experience. You can now all look forward to fitting yourselves into the life of whatever community in which you may find yourselves a citizen.

May I, therefore, wish each of you the very best of success in this your chosen profession and may you make your proper "niche" in the complex life of this modern nation.

*Dr. C. L. Tisdale,  
Medical Adviser.*

# Valedictory



Today, our long looked forward dream has finally become a reality. Our training days are over and we have reached the goal of our ambition. But, alas! How different are the heart-throbs of realization from those of anticipation. Needless to say, we are celebrating the occasion with mingled feelings of joy and sadness.

The task has been great; we have been introduced to a new world of medicine; we have undergone the acid test of daily duty. But above all we have been enriched with the golden opportunity of genuine and deeper development in the all-important field of character formation.

"Semper Fidelis" is our motto. In our profession, religious principles are paramount. We have learned them and to these Christian ideals we must be faithful always. To alleviate suffering is a noble task, but to raise the thoughts of the sufferer to God, is of greater importance. To respect the body is an obligation; to respect the soul is a still greater obligation. Life and death are in God's hands. We are but His humble servants and we glory in this title.

Spontaneously, there rises from our hearts to-night, deep springs of gratitude and heartfelt appreciation, towards all who have in any way contributed to our attainment of to-day.

We owe our success and happiness to our parents in particular, whose generosity and understanding have made this come true for the graduates of 1956. To you, our mothers and fathers, we say thank you with all our hearts.

Dear Sisters, the lessons that we have learned from you will not soon be forgotten. Your self-sacrificing lives have ever been an inspiration to

us all. To you, we owe what we hope to be in the future, women of character, of duty, of virtue, faithful members of our profession. We thank you for all you have done for us.

To the members of the Medical Profession may we express a word of appreciation, that has been hovering on our lips for so long a time. For your ever ready helpfulness to us, we say — Thank you, and God bless you for it all.

Our hearts turn towards all our friends, who have been an inspiration and a guide to us. Your Excellency, Your Worship, Our Chaplain, the Supervisors and Staff nurses, the members of the Student body. To all these friends and dear ones, we express our thanks and appreciation for the way of happiness that each one has helped to erect in our lives. But we realize too well, that the art of expressing appreciation is a difficult one. Its spirit is one of pause and thoughtfulness, developed from a realization of our obligations, and an awareness, that, from a personal standpoint, every gift, every honor, every joy carries with it a corresponding obligation. True success is not a thing of a day such as this one, but a lifetime in a career carefully and intelligently planned, that is meaningful for Eternity that is To-morrow.

Dear students of H.F.H., we would like to address a word of encouragement — assuring you that it is a thrilling experience to have reached the summit at last and urging you to carry on bravely and conventionally as you too climb the height — soon the day of Graduation will likewise dawn for you! Be true to your Alma Mater; she has done so much for you and will continue to promote your best interests. Student Nurses —Farewell.

Dear Members of the Graduating Class of 1956 — soon — too — soon — we'll be separated; many ties of gratitude and affection have been woven into the very fiber of our souls. These will not be severed by time or distance, but will remain with us to brighten our lives in our journey to successful service. We shall never forget the "Institution" that formed us, whose pin we proudly display, whereon is blazoned our guiding motto, "Semper Fidelis."

*Be true to the highest your mind can conceive,  
Be true to the noblest and best,  
Let your life be the witness of what you believe,  
And then, unto God, leave the rest.*

**Fern Buchanan**



## PHYSICIANS and SURGEONS

<b>Humphries Clinic:</b>	Dr. M.I. Humphries Dr. G.P.S. Powles Dr. J.C. Day Dr. J.B. Wallace Dr. J.J. Johnston
<b>Prince Albert Clinic:</b>	Dr. D.V. Chipperfield Dr. O.K. Hjertaas Dr. P.J. Rich Dr. A. Edes Dr. W.A. Matheson
<b>Associates:</b>	Dr. C.L. Tisdale Dr. A.M.J. Hynes Dr. G.R. Dyker Dr. M. Surkan Dr. H.C.E. Maynard
<b>Associates:</b>	Dr. W.R. Swaffield Dr. W.E. Pourbaix Dr. M.J. May
<b>Associates:</b>	Dr. M.F. Savisky Dr. H.V. Towell
Dr. C.M. Finlayson Dr. E.A. Shaw (Eye, Ear, Nose and Throat) Dr. C.H. Andrews (Eye, Ear, Nose and Throat) Dr. W.J. Cranley (Eye, Ear, Nose and Throat) Dr. H.H. Hall Dr. R.G. Green Dr. B. Jamieson (Indian Affairs) Dr. G.E. Stoker (Indian Affairs) Dr. T.J. Ho (Radiologist)	

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## DENTISTS

Dr. G.H. Janzen  
Dr. L. Connell and Dr. M. Connell  
Dr. N.T. Godfrey and Dr. J. Pourbaix  
Dr. J.M. McBrien and Dr. G. Howard  
Dr. R.E. Partridge and Dr. N.J. Dust  
Dr. E.J. Gaudet  
Dr. Robert Reid  
Dr. W.G. Yoerger  
Dr. N. Fedirko



# Graduates



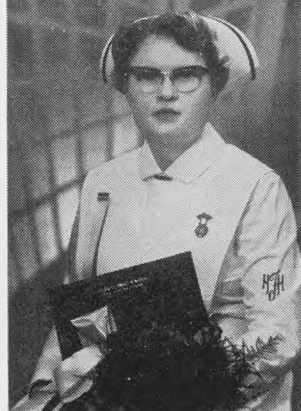
**Stella Ann Grela, Paddockwood, Sask.**

"Lives of great men all remind us  
We can make our lives sublime,  
And, departing, leave behind us  
Footprints on the sands of time." — *Longfellow*



**Christine Cecile Peczarski, Big River, Sask.**

"Her ways are the ways of pleasantness and all  
her paths are peace." — *Bible*



**Lois Margaret Dawe, Cavalier, Sask.**

"I have always preferred cheerfulness to mirth."  
— *Addison*



**Noreen Golling, Moose Jaw, Sask.**

"And those about her  
From her shall read the perfect ways of honor."  
— *Shakespeare*



**Fern Yvonne White, Prince Albert, Sask.**

"One makes one's own happiness only by  
taking care of the happiness of others."  
— *Saint-Pierre*



**Phyllis Helen Zelowski, Davis, Sask.**

"It is a rough road that leads to the  
heights of greatness." — *Seneca*



**Teresa Marie Lalonde, Leask, Sask.**

"What the heart has once owned and had,  
it shall never lose." — *H. W. Brecher*



**Patricia Faye Turner, Prince Albert, Sask.**

"A Maiden gentle, yet, at duty's call,  
Firm and unflinchingly, as the Lighthouse reared  
On the Island-rock." — *Wordsworth*



**Patricia June Leier, Saskatoon, Sask.**

"Her voice was like the voice the stars had  
when they sang together."



**Florence Ellen Johnson, Steep Creek, Sask.**

"Greater than being great is being grateful."





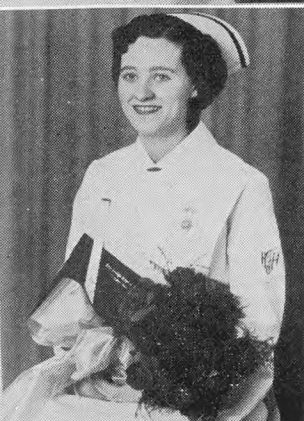
**Rose Olga Sakowich, Goodsoil, Sask.**

"In all departments of activity  
to have one thing to do, and then  
to do it is the secret of success." - *Edwards*



**Mary Margaret Harris, Sturgeon Valley, Sask.**

"I hear, yet say not much,  
but think the more." - *Shakespeare*



**Kathleen Joy Roberts, Briarlea, Sask.**

"Sweet are the thoughts that savour of content  
The quiet mind is richer than a crown."  
- *Greene*



**Joanne Marguerite Cote, Prince Albert, Sask.**

"In her hazel eyes her thoughts lay clear  
as pebbles in a brook." - *Alexander Smith*



**Josephine Mae Hrick, Prince Albert, Sask.**

"What people say you cannot do,  
you try and find that you can." - *Thoreau*



**Helene Gayle Palmer, Prince Albert, Sask.**

"One must learn by doing the thing,  
for though you think you know it  
you have no certainty until you try." - *Sophocles*



**Joanne Goehr, Kindersley, Sask.**

"That which is good is always beautiful."  
- *Martin Chugglewit*



**Agnes Swenson, Ordale, Sask.**

"Her voice was ever soft, gentle and low,  
An excellent thing in a woman." - *Shakespeare*



**Veronica Catherine Szirak, Prince Albert, Sask.**

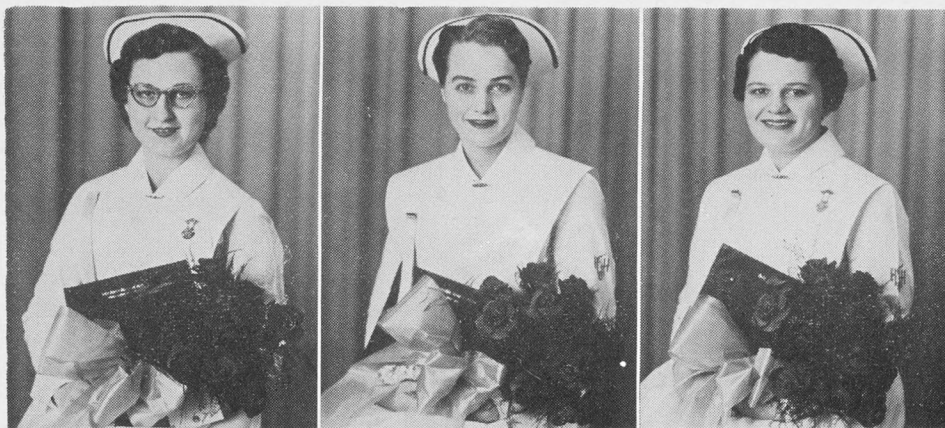
"The chamber of sickness is the chapel of devotion."



**Wilna Jeanne Jameson, Swift Current, Sask.**

"Let us be of good cheer, remembering that  
the misfortunes hardest to bear are those  
which never come." - *J. R. Lowell*

## GRADUATES (Continued)



**Shirley Janet Rybka, Prince Albert, Sask.**

"Enthusiasm is the genius of sincerity,  
and truth accomplishes no victories without it."

— *Buliver-Lytton*

**Edna Marian Hicks, Choiceland, Sask.**

"In perfect honor, perfect truth,  
And gentleness to all mankind  
You trod the golden paths of youth."

— *John Buchan*

**Fern Janet Buchanan, Prince Albert, Sask.**

"She is not difficult to please  
She can be silent as the trees  
She shuns all ostentatious show  
She knows exactly where to go."

— *Kleiser*

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### TO MY MOTHER

The stretch of the years is now long past  
Since I was your baby girl  
The years when you mended a broken doll  
Or soothed down a straying curl.

I've come since then to a woman's place  
To my graduation day.  
I'm a nurse — and the dream of my childhood hours  
Stands achieved — and my heart is gay.

But mother, I know I could never have won  
If your love hadn't helped me along.  
I who was always so weak on the way  
You who were ever so strong.

Your love and your help, and your kindly praise  
These followed me through the years.  
A million thanks well up from my heart  
God bless you — your joy and your tears.

You are my model — you my ideal  
Yours — ever the love that was true.  
God couldn't be with me all of the time  
So He gave me a mother like you.

And mother, if ever around my neck  
The arms of a baby twine  
I only ask God to be like unto you,  
You — little mother of mine.



Left to Right: Genevieve Roussel, Emily Zdrill, Lorna Stroklund.

## *January Class of '57*

We're the three musketeers,  
For three weary long years;  
We brave all the hardships of training,  
Together we strive,  
And with only one year remaining.  
But we love it and will remember,  
All the good things  
When we leave in December.

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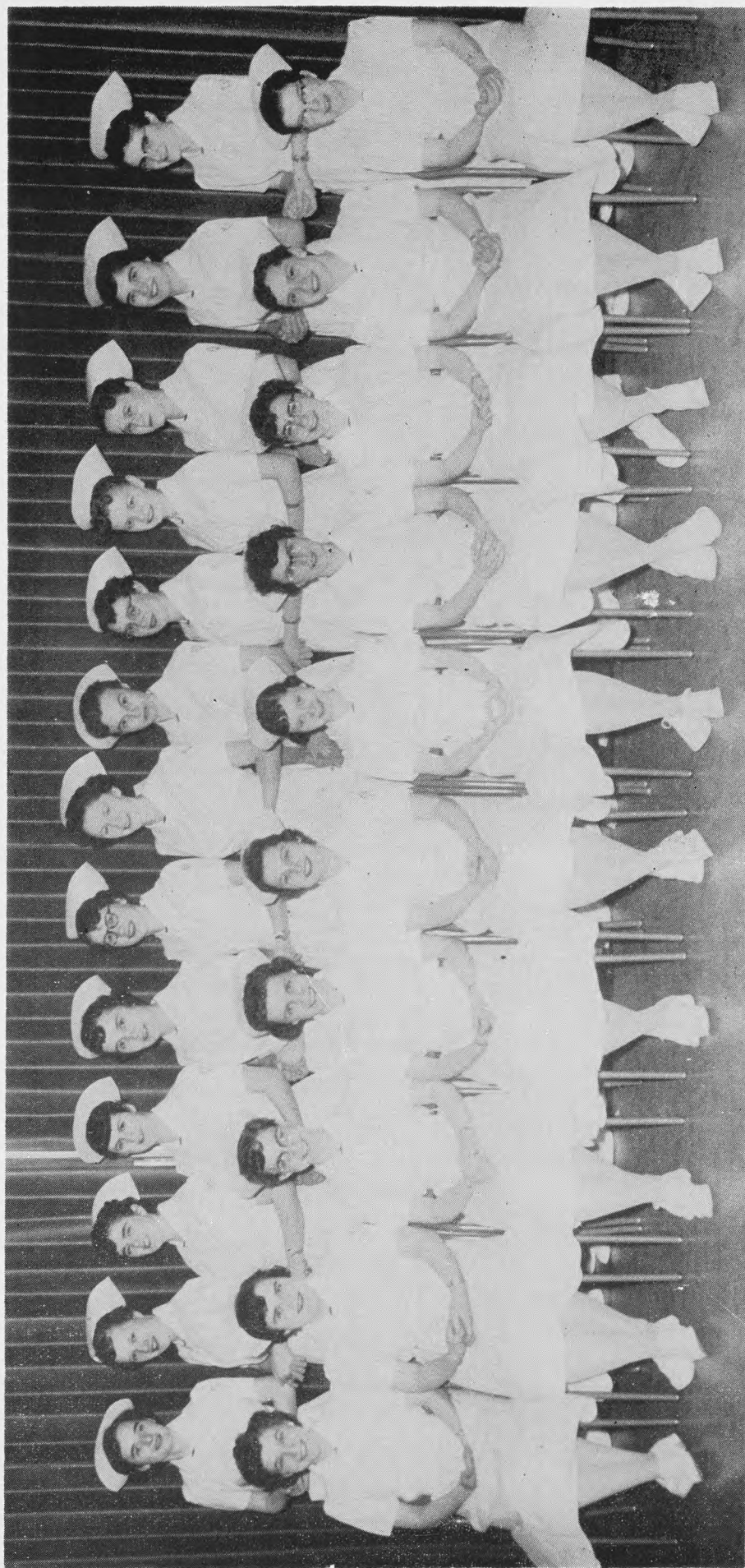
### TO MY DAD

Today I'm a nurse — it seems only a dream  
I can hardly believe that it's true,  
My training is done — I have come to the end  
And my first grateful thought is of you.  
You, my father, who helped me so much on the way,  
You whose love and whose faith was so strong.  
Yours the kindness, the courage, the praise that  
was there  
In times when the way seemed so long.

I know that you're proud, Dad, to-day as you see  
Your nurse — just so late your wee tot  
But my pride in you, Dad, rings as strong in my heart,  
God love you — and bless you a lot.

This is only a verse — just a "thank you" in rhyme  
But its accents are happy and glad.  
For it tells of the love that in gratitude comes  
From a graduate nurse to her Dad.





# SEPTEMBER CLASS OF '57

Back Row (L. to R.): P. Matheson, M. Price, B. Robinson, D. Frenette, S. Doskoch, H. Klein, A. Mrazek,  
R. Leinweber, M. Maguire, L. Kowalczyk, E. Strasser, H. Beleyowski, O. Belanger

Front Row: W. Church, H. Wog, S. Simons, H. Charko, M. Henry, S. Currie, L. Lepine, H. Kawula,  
D. Feser, A. Stahr.

## *September Class of '57*

- Winnie Church** – A girl seldom heard and rarely seen,  
A friend to all she's always been.
- Marilyn Henry** – A girl for enjoyment and activities deep,  
But everytime we see her, she's sound asleep.
- Delores Feser** – Works very hard and seldom grumbles,  
All we can hear are stifled mumbles.
- Hedwig Klein** – Cheerful and obedient all the time,  
Makes me wish her disposition was mine.
- Peggy Matheson** – When Peg's around, no one can mope,  
Seems like she's related to Bob Hope.
- Lucille Lepine** – Quiet and dark and a little bit shy,  
With a bright little twinkle in her eye.
- Helen Beleyowski** – She seems to know all the boys in town,  
But won't introduce those she has found.
- Margaret Price** – A quiet little girl always in a happy state,  
She never seems to lack for a date.
- Lorraine Kowalczyk** – The only girl in our class with a ring,  
Each time we look at her — we are left wishing . . . .
- Helen Kawula** – For each and everyone — this girl has a smile,  
We doubt if it will go away — for even a while.
- Sophie Doskoch** – This cheery little girl is always in a rush,  
But will usually take time off to show us how to blush.
- Helen Wog** – Of all her ambitions, her favorite yen —  
Is to be staff nurse at the P. A. Pen.
- Olivette Belanger** – She's a true Frenchman — her temper can flare!  
To top it all off, she has red hair.
- Bella Robinson** – Bella, Bella, dressed in blue,  
Loves a teacher so very true.
- Denise Frenette** – An easy-going Frenchman believe it or not,  
Gets angry when a letter she gets not.
- Rose Leinweber** – Another thing she has lately learned to do,  
Is to make our favorite dish — Stew! (Bless her)
- Shirley Simons** – Strong in mind, and heart, and will,  
Her only weakness is our Phil.
- Eileen Strasser** – This girl is a Humboldt fan,  
P. A. try and outwit her (if you can!)
- Maureen Maguire** – Maureen is healthy, Maureen is wise,  
But don't let her fool you with those eyes!
- Shirley Currie** – With any partner she can jive, but . . . .  
Her great ambition is to learn to drive (pop's car).
- Helen Charko** – This girl wears the Borden brand,  
Seems like that's where she's going to land.
- Ann Stahr** – To most of us, sleeping in is a sin,  
But to Ann, her only luxury is to sleep in.
- Annette Mrazek** – So tall and graceful, always trim,  
Still she's always full of vim!



Back Row (L. to R.): Donna Humbke, Beth Thompson, Cecile Turgeon, Jean Middleton, Helen Gabriel.  
Front Row: Alben Lozinsky, Elaine Kraus, Lillian Volk, Mary Tunstead.

## *January Class of '58*

**Beth Thompson** – The Colleen with the twinkle,  
But does she study? that's the wrinkle!

**Helen Gabriel** – Gabe's got the horn,  
She wakes her roommate every morn.

**Mary Tunstead** – Says she's on a diet,  
But won't eat food, unless you fry it.

**Elaine Kraus** – Is always on a blind date,  
Oh well, someday she'll find her mate.

**Cecile Turgeon** – Is the girl that makes good notes,  
Then passes them on to all us dopes.

**Alben Lozinsky** – When you're looking for "Launski", you will find  
her out, secretly off to "young people's" no doubt.

**Lillian Volk** – Is taking her P.G. on third,  
It's beginning to look absurd!

**Donna Humbke** – Every class must have a clown,  
Loads of laughs when she's around.

**Jean Middleton** – Didn't buy protection,  
She's the gal with Staph infection.

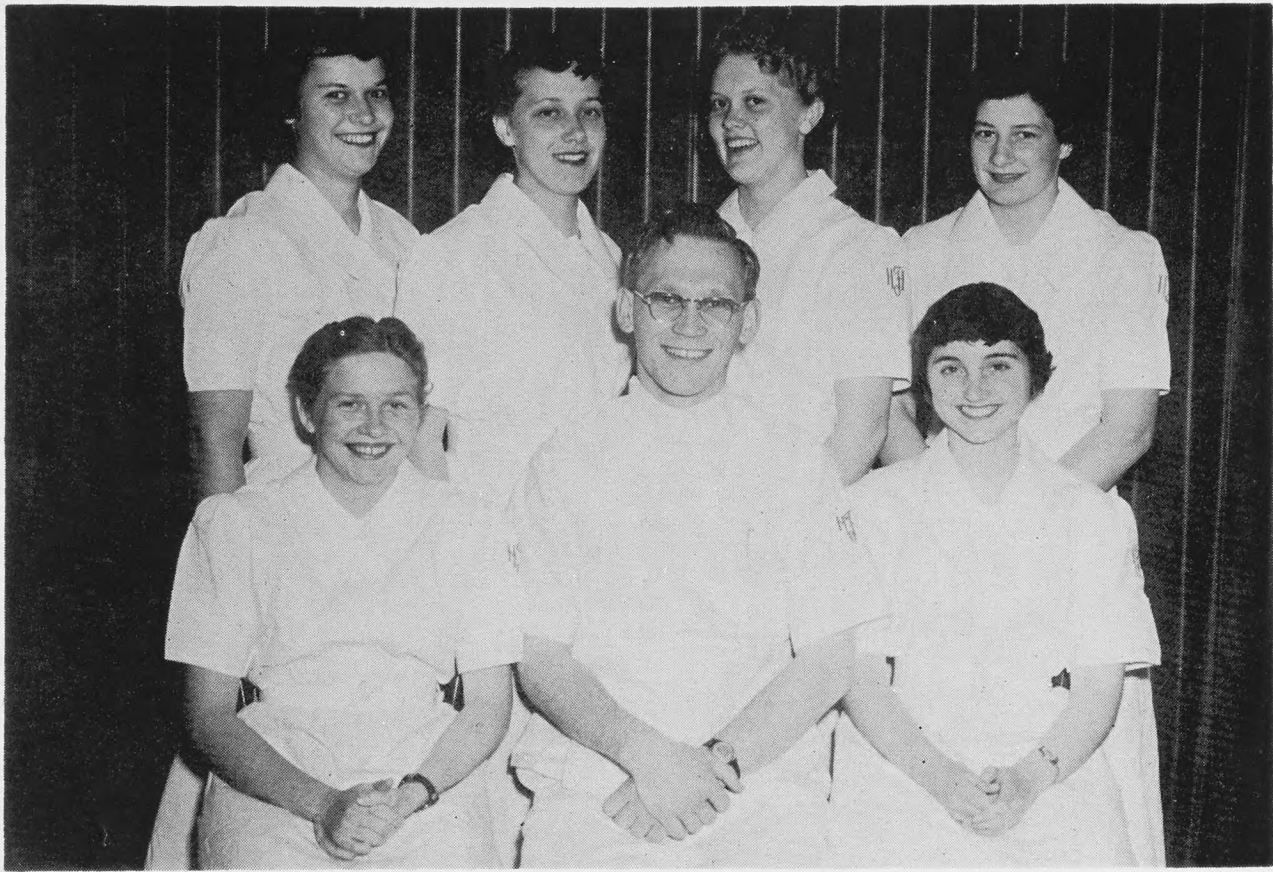




(L. to R.): I. MacDonald, B. Norris, B. Delgatty, B. Stocki.  
Front Row: S. Perret, L. Cousins, B. Hill, J. Winnicki.

## *September Class of '58*

- Lenore Cousins** – Appropriate Song, “How’re you gonna keep her down on the farm after she’s seen P.A.”  
Favorite Expression – “Is that right?”
- Beryl Delgatty** – Appropriate Song, “And that’s what I call ballin’ the Jack.”  
Favorite Expression – “Holy Crumb.”
- Beverley Hill** – Appropriate Song, “My old jalopie’s a cadillac.”  
Favorite Expression – “I nearly died laughing.”
- Inez MacDonald** – Appropriate Song, “Bewitched, bothered and bewildered.”  
Favorite Expression – “Tough bananas.”
- Betty Norris** – Appropriate Song, “Ain’t misbehavin’.”  
Favorite Expression – “Hell’s bells and little fishes.”
- Shirley Perret** – Appropriate Song, “No not much.”  
Favorite Expression – “Oh really now.”
- Betty Stocki** – Appropriate Song, “I’ll walk alone.”  
Favorite Expression – “What the heck?”
- Julie Winnicki** – Appropriate Song, “Oh, how I hate to get up in the morning.”  
Favorite Expression – “Oh yeh?”



Back Row (L. to R.): E. Deibert, R. Kelly, L. Cole, E. Cooper  
 Row: E. Stubkjaer, J. Froggatt, S. Garneau.

## *January Class of '59*

- |                        |   |
|------------------------|---|
| <b>John Froggatt</b>   | - Favorite Expression - Holy Cow!<br>Favorite Song - "When you walk thru a storm"     |
| <b>Eileen Cooper</b>   | - Favorite Expression - Oh, my goodness gracious!<br>Favorite Song - "No, not much"   |
| <b>Elaine Deibert</b>  | - Favorite Expression - Oh, I just had a brain wave.<br>Favorite Song - "Ivory Tower" |
| <b>Lois Cole</b>       | - Favorite Expression - Aw, gee whiz!<br>Favorite Song - "Poor People of Paris"       |
| <b>Shirley Garneau</b> | - Favorite Expression - Is that so?<br>Favorite Song - "Lord's Prayer"                |
| <b>Emma Stubkjaer</b>  | - Favorite Expression - You're a Pal!<br>Favorite Song - "Hot Diggity"                |
| <b>Ravae Kelly</b>     | - Favorite Expression - I haven't got a clue.<br>Favorite Song - "Lisbon Antiqua"     |

## Our Instructresses



Miss J. Brown



Sister M. Rosarie



Mrs. A. Greening

## Supervisors



Back Row (L. to R.): Miss T. Menard, Mrs. M. Reid, Mrs. M. McElhaney, Mrs. F. Twyer, Mrs. S. Green.  
Front Row (L. to R.): Sister Mary Philip, Sister Maria, Sister Stella Maris.  
Missing from picture: Miss G. Noonan, Miss E. Nicol, Sister Aloysius.



# Affiliation at the Saskatoon Sanatorium

By E. Hicks

A hurried packing, last minute good-byes, and a speedy taxi ride to the station; this comprises the preparations for a six-week affiliation at the Saskatoon Sanatorium.

In 1925, mainly through voluntary contributions and government funds, a Sanatorium for the treatment of Tuberculosis was established at Saskatoon accommodating 175 beds. In the past five years, an affiliation has been set up there for Students from Saskatoon and Prince Albert Schools of Nursing. This course of six weeks, for a group of approximately eighteen students, consists of excellent teaching under the well organized system of the Medical and Nursing Staff. They teach the fundamentals of the treatment and care of Tuberculously infected patients.

The Doctors on staff at the Sanatorium provide eye-opening lectures about the disease, and how we as nurses can do our part in its prevention and cure. These valuable lectures, as well as slides, films, x-rays, and actual case findings provide a program which gives one a new interest in a dreaded disease.

In the student's course, she is instructed by the nursing staff, in the technique used in caring for highly infectious cases. Guinea Pig dissection, fluoroscopic and bronchoscopic examinations are also interesting and educational points in the affiliation. The student may assist in giving tuberculin in mass tuberculin testings to find possible carriers of the disease.

In the lectures, Tuberculosis affecting all parts of the body is explained and discussed, and examples on the wards are drawn to the student's attention. The latest in Drug Therapy and Surgery is discussed as to the proven advantages and possible improvements.

Stressed during this period of affiliation is the importance of rest as the basis in the treatment of Tuberculosis. This means rest with complete relaxation of mind and body. Without this basis the fight against Tuberculosis and the treatment of it would be of no avail. Also fresh air, which is important to anyone's health, is a must for the patients. Balconies provide a lovely place for outings in the summer time for patients, even those confined to bed. Early diagnosis is also important for a speedy recovery.

The minimum stay at the Sanatorium for a patient is about nine months and this depending upon the severity of the disease and the patient's resistance. In some cases the cure extends over several years.

The patient's willingness and co-operation is outstanding, especially in cases where they have resided at the Sanatorium for over a year or more.

The student develops a kind and sympathetic attitude towards the stricken, and learns the importance of keeping the patient's spirits and hopes high for a future which at that moment seems so dark.

Yes, affiliation at the Sanatorium is educational, interesting and six-weeks filled to the brim. Social life with the girls from the various hospitals and getting together at the Residence provide enjoyable off-duty hours. Therefore, the student's stay at the Sanatorium in Saskatoon is an event never to be forgotten, so, as a ready reminder — buy Christmas Seals and support A.C.T. Amateur hours.

# Affiliation at Monroe Wing

By J. Cote

Mental health is an ever constant and threatening problem to all.

Affiliation in Psychiatry helps the nurse to know and understand the patient and the events leading up to his admission. The twelve weeks of affiliation at Munroe Wing offers an entirely different phase of nursing experience.

Munroe Wing is a division of the Regina General Hospital with a bed capacity of 34. There are also

dayrooms and provision for occupational and recreational therapy. The wing is designed for the treatment of depressed and over-anxious patients; also those in early schizophrenic stage.

Treatment consists of Psychotherapy which is provided periodically throughout the day by the Psychiatrists, Nurses, Psychologists, and Social Workers. It is designed to encourage the patient to discuss her problems. E.C.T. and drug therapy are specific treatments.

The student nurse receives a course of lectures from Psychiatrists, Social Workers, Psychologist, and Nursing Instructor. These are given during the first six weeks of affiliation. Each student is required to do a Behavior study, which consists of studying a patient's activities, conversations, etc. for 8 hours; then interpreting his actions and giving the type of nurse needed in each instance; the nurse completes a case history after interviewing the patient.

The knowledge and experience gained at Munroe will always be a helpful factor in understanding the mental attitude of others.

---

## *A Battle Won*

This child of God,  
Whose laughing eyes would lighten any heart,  
Now lies with cheeks of ashen grey on pillows white.  
One cry, one cough — and all is still.  
The clock ticks on in emptiness,  
Until a fleeting breath returns:  
Once more the cough, the whining cry,  
How long? — to live? — to die?  
To see the dawn?  
To feel its warmth and in its glory lie?  
The night draws on to dawn — to day — to night again,  
And yet, death does not call.  
The Doctor's skill,  
A nurse's loving care,  
A mother's tearful watchfulness,  
A Sister's quiet prayer.  
And now —  
The week has come and gone. — But look!  
Do not the ashen cheeks look pink;  
The sunken eyes atwinkle.  
A smile which plays across its lips  
Does hide the anxious wrinkle.  
Oh friend of mine, just think, a battle won!  
Thank God! Thank for mercy shown.

F. Johnson

# Graduation Day

As we come to the end of our training, we sail back on the sea of memories and drift back down each lane of recollections. After three years, graduation is the fulfillment of a dream come true. It has come and gone, but oh, what wonderful memories will remain with us as we take another voyage, this time into the future. The years of professional training have passed, the practical knowledge and Christian Ethics acquired will be our guiding principles in the discharge of our duties in the years to come.

Graduation and the activities accompanying it are now memories — but such wonderful memories, that I'm sure we shall never forget them. It all started Wednesday evening on May 9 when we were the guests of our little sisters at a banquet in the auditorium, the theme being "Maytime." We were served by flower girl waitresses, and all on the menu was in accordance with the theme, from Dew Drop Champagne to Green Moss — even including P. A. Mineral water. The toast to the Sisters was given by Shirley Rybka, to the Cook by Terry Lalonde, to the Queen by Edna Hicks, the Pope by Veronica Szirak, to the School by Joanne Goehr. Toasts to the Sisters and to the School were responded to by Sister Mary James and Sister Germaine. Miss Klein did very well as Master of Ceremonies. Miss Charko read the last will and testament, and Miss Strasser, the prophecy. Miss Norris entertained with vocal selections. In the evening an undergrad dance was held in the auditorium.

Our graduation dance was held on Friday evening at the Arcade. The graduates and their escorts attended a banquet at the P.O. Cafe at 5:30 p.m., then at 8:30 p.m. everyone met at the residence to receive corsages from Sr. Germaine and Sr. Rosarie. At the Arcade, our patrons and patronesses were Dr. and Mrs. Cranley and Dr. and Mrs. Maynard. This night will always be remembered as a great event in our life.

On Sunday morning, we awakened happily to find the sun shining brightly; we were so afraid of rain or snow. We attended Mass in our Chapel. His Excellency, Bishop Leo Blais spoke to us about our goal and nursing. After Mass, Sister Mary James presented each with the long awaited for graduation pin.

In the afternoon benediction was held in our chapel, then the members of the Holy Family Alumnae served tea to the graduates and their parents. A beautiful three tier cake, a gift from Miss E. Slattery, our school secretary, centered the graduates' table.

The few hours remaining from the tea to the exercises flew by, and, sooner than we realized, we were marching down the aisle in the Strand Theatre to receive our diplomas. Dr. J. B. Wallace, chairman, opened the exercises with well chosen words. Mayor D. G. Stewart welcomed the parents and friends of the graduates. Reverend Father Keohan of Claybank, gave the address to the graduates. His Excellency, Bishop L. Blais, presented the diplomas and awards, the highlight of the evening!

Awards were as follows:

General Proficiency — Patsy Turner.  
Ethics — Teresa Lalonde.  
Bedside Nursing — Christine Peczarski.  
Theory — Fern Buchanan.  
Canadian Nurse Award — Patsy Turner.



# Prophecies of 1966

*Not having the foresight we should have had, we  
can only gaze into the 10 year future . . . . . and  
we see . . . . .*

**Christine Peczarski** — The latest news received from Ernie and Chris: They are starting out on their second round-the-world trip and hope to arrive in P.A. in time for the reunion.

**Stella Grella** — Supervisor of the Shellbrook Hospital and owner of a cute little up-to-date mauve and green Austin, burns up the highway, faithfully attending all Alumnae meetings at the residence.

**Lois Dawe** — Contrary to prediction, Lois did not marry but is the biggest crowd-drawing feature in Carnegie Hall where everyone rushes to hear her play the latest jazz on the piano.

**Agnes Swenson** — Is working in the Laboratory of the Great American Institute for diseases of feline creatures. Her books on treatment of pedigreed and alley cats are rated among the best sellers and are bringing in a pretty penny.

**Edna Hicks** — After ten years of being the most popular hostess of the T.C.A. is now happily married to that patient man who always met the homebound plane.

**Wilna Jameson** — One of the originals of D.B.C.'s (Daily Beauty Club) with her organizing ability travels for "The Canadian Nurse" and makes her headquarters at the "Great George Hotel" in Saskatoon.

**Joanne Cote** — Is busy practising at the rink prior to her departure for the Olympics where she is star contender for the world's champion figure skater.

**Pat Turner** — In Miss Turner's last letter, she is most enthusiastic about the modern igloo she and her husband have invested in and are highly successful with their latest invention — a self-propelled snowmobile.

**Rose Sakowich** — Now Mrs. Fletcher, has her hands full with her fourth set of twins. She is busy, but happy.

**Mary Harris** — Is prominent in her role as the wife of the President of the B.A. Company. In her own private observation car she tours all points of Canada.

**Florence Johnson** — Cam and Florence are happily married and are kept busy with their newly opened square dancing school. Johnny never fails to fill her kilt as well as she did in her training days.

**Veronica Szirak** — Has left general duty to become office nurse for Dr. Edes. As a hobby, she is under-study for Kathryn Grayson.

**Fern White** — Is now settled in Clifton, Montana. Her beautiful home is open Sesame for all friends.

**Pat Leier** — Beautiful, blonde, and Mrs. Sikler; life is one big honeymoon, and every anniversary she will be found early in the morning coyly tying Apples on a Lilac Tree.

**Phyllis Zelowsky** — Has found her niche as second Lieutenant in the medical corp. Hailed as a second Florence Nightingale she is tireless in holding the lamp high.

**Shirley Rybka** — Stern but pleasant has taken over the duties of Mrs. Greening and Miss Brown at the H.F.H. Nursing School.

**Fern Buchanan** — President of the Canadian Nurses' Association is presiding at the 39th Biennial meeting of the C.N.A. She hopes to see many familiar faces.

**Terry Lalonde** — The petite nurse with la grande ambitions is now touring Europe during which time she lectures at the larger centers.

**Josephine Hrick** — Has found her ideal life in Montana, a ranch where there are hundreds of beautiful horses. The ranch is a hobby of her husband, the world famous tenor 'Signor Dosi'.

**Gayle Palmer** — Don't look now, but that beautiful model, displaying jewelry in Hollywood's most modern jewelry store is our own Gayle. A sideline from theatre duty at the Hollywood General.

**Joanne Goehr** — Has made nursing her life's career and is director of nurses at the new training school in Red Deer, Alberta. Her spare time is filled by attending many social functions and keeping Sir Winston Gregory company.

**Kathleen Roberts** — Who is now Mrs. Hudon, together with her husband, have taken over the management of Eaton's.

**Noreen Golling** — Her flame of long ago is still bright et glowing — but enough of that now. She is also teaching psychiatry at the U. of S.

# Alumnae News

*Marie Aamodt* - Nursing at Kerrobert. Marie and Marg. plan on taking a trip to Norway.

*Rose Giesinger* - Rose is on staff at Estevan.

*Marjorie Volk* - Marg is working general duty at Kerrobert.

*Annie Knorr* - General duty at Kerrobert. We hear wedding bells ring for August.

*Shirley McLean* - Is still with us working in Pediatrics.

*Olga Cherney* - After a short time at H.F.H. she went to North Battleford and now is doing general duty at Kamloops, B. C.

*Olga Lasiuk* - Olga is working in the nursery here at H.F.H.

*Rhoda Davidner* - Rhoda is on staff at Melfort. She is also engaged. We hear the big event will be June 24th.

*Gwendolyn Hiltz* - Worked on third floor till May 5, then became Mrs. Stan Johnston.

*Verna Wildey* - Verna is on staff at H.F.H. third floor. Still lending her talent to us.



# LAST WILL and TESTAMENT

— Class '56 —

**Lois Dawe** — I bequeath my talent at the piano to Delores Feser. May she learn the last part of "Land of Hope and Glory."

**Stella Grella** — To Ann Stahr I leave my naturally curly hair. May the waves never make you seasick.

**Joanne Goehr** — To Winnie Church I leave my ability to tell tall stories. May they grow higher and higher in the future.

**Agnes Swenson** — To Gen Roussel I leave our Uncle Wally. May he care for you as well as he did for me.

**Edna Hicks** — To Ollie Belanger I leave my giggles. I hope she will find the opportunity to use them as frequently as I did.

**Joanne Cote** — To Eileen Strasser I bequeath my love for playing cards. May her shuffle become as expert as mine.

**Pat Turner** — To Peg Matheson I leave my ability to give enemas with a glass connector. May the glass never crack.

**Rose Sakowich** — To Helen Charko I leave my knack for getting picked on by fellow students. May you retain your dignity better than I did.

**Gayle Palmer** — To Shirley Currie I leave my tricks for persuading dad for the car. May your luck continue.

**Mary Harris** — My ability to be seen and not heard I leave to Beth Thompson. May she never run out of ear plugs.

**Kathleen Roberts** — To Donna Humbke I leave my phone calls. May you always be at home to receive them.

**Pat Leier** — My public singing ability I leave to Rose Leinweber. May she use it frequently.

**Veronica Szirak** — My habit of singing in the bath tub I leave to Helen Gabriel. May the notes resound as sweetly as mine.

**Phyllis Zelowsky** — To whom it may concern, I leave my good fortune of remaining out of trouble. May she succeed better than I did.

**Terry Lalonde** — My love for a good argument I leave to Lillian Volk. May she convince her opponent every time.

**Josephine Hrick** — To Elaine Kraus I bequeath my 31 horses. May you keep them as well dusted as I did.

**Christine Peczarski** — My many bouquets received for being a good girl I leave to Shirley Simons. May you never receive dandelions.

**Noreen Golling** — My good fortune for driving swanky cars I leave to Denise Frenette. May she never crack up.

**Fern White** — My ability to keep cool during an emergency I leave to Sophie Doskoch. I hope you can keep it permanently.

**Fern Buchanan** — To Marilyn Henry I leave my ability to relax. If you continue to use it well you shall never need a sedative.

**Shirley Rybka** — I bequeath my many colds to Mary Tunstead. May she become acquainted with staph and strep.

**Florence Johnson** — My tall slim willowy figure I leave to Helen Wog. I hope she will learn to call or dance the hoedown.

**Wilna Jameson** — My vim and vigor I leave to Helen Kawula. Under the strain of future dates, may she keep as fresh and cheery as I did.



# W I T a n d H U M O R

*It is a mark of distinction to read our jokes as they are known from coast to coast, but if contents are properly digested, they will cure halitosis, itch, sour stomach and nose bleed.*

## Daff-nitions

*Hospital* - Where you go to be born.

*Neighbor* - A person who borrows.

*Yokel* - Part of an egg.

*Homicide* - When a man kills himself in his own home.

*Divorce* - Chief cause of marriage.

*Appendix* - Useful - enables surgeons to afford a few months in south.

*Car Sickness* - The feeling every month when payment falls due.

\* \* \*

The snake remarked as he saw the empty skin, "Who shed that?"

\* \* \*

The girl hummed to the tree surgeon, "Oh, yes, you're the great tree mender."

\* \* \*

Mr. Binks was busily engaged with a spade in the mud beside his car when a stranger hailed him. "Stuck in the mud?" he asked, "Oh, no," exclaimed Mr. Binks cheerily, "My engine died and I'm digging a grave for it."

\* \* \*

Overheard on a Bus - "We went to see that picture called 'From Here to Maternity.'"

A gangster rushed into a saloon, shooting right and left, yelling, "All you dirty skunks get outta here!"

The customers fled in the hail of bullets, all, except one, who stood calmly at the bar finishing his drink.

"Well!" snapped the gangster, waving his smoking gun. "Well," remarked the one, "there certainly were a lot of them, weren't there?"

\* \* \*

## Help Yourself

"My family thinks there is something wrong with me," a woman complained to the psychoanalyst, "simply because I like buckwheat cakes."

"But there's nothing wrong about liking buckwheat cakes," the doctor murmured, "I like them myself."

"Oh, do you?" The woman was delighted, "You must come up some day, I have seven trunks full."

\* \* \*

We know a gentleman, who, after a physical checkup, was told by the doctor that he was in pretty bad shape. "Too little blood in your alcohol stream."

\* \* \*

When a dentist is buried, he has filled his last cavity.

# S o d a l i t y

The Sodality of Our Lady, an association founded by the Society of Jesus and approved by the Holy See, is a religious body which aims at fostering in its members an ardent devotion, reverence, and filial love toward the Blessed Virgin Mary. Through this devotion and with the protection of so good a Mother, it seeks to make the faithful gathered together under her name good Catholics, sincerely bent on sanctifying themselves, each in his state of life, and zealous as far as their condition in life permits, to save and sanctify their neighbor and defend the Church of Jesus Christ against the attacks of the wicked.

May the Sodalist find his life worth living as he uses each moment of the day to come closer to God. For as Stephen Vincent Benet put it:

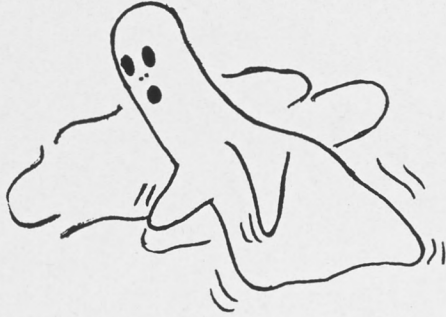
*Life is not lost by dying; Life is lost  
Minute by minute, day by dragging day,  
In all the thousand small unerring ways.*

## *Follow Thro'*

*Nursing is a God-given art  
Springing from a wholesome heart.  
To soothe a brow and lend an ear;  
To quiet some heart brimful of fear.  
To guide the weak unsteady hand;  
To help the doubtful understand.  
To show the wee ones naught but love,  
To foster guidance from above;  
To strengthen faltering steps of men,  
And lead them back to earth again.  
To answer to their many calls —  
Give them faith in all their falls.  
To love them each for what they are,  
Be they farmer, lawyer, movie-star.  
To feed them when they are too weak;  
To give them comforts which they seek.  
Kind and gentle with frightened ones;  
And yet, be firm with stubborn sons.  
To teach them all to understand —  
The nurse's heart is in her hands;  
The love she has is there to share  
In all she does and everywhere.  
So do not doubt a nurse's art —  
It's filled with love from a human heart.*

A. Stahr

# SOCIAL EVENTS



## HALLOWE'EN PARTY

Our first party in our new residence. Hallowe'en festivities, as rousing as ever, were held in the Recreation Room of the residence. The evening's entertainment commenced with a ghost walk through the pitch black . . . . . in the process of which some of our Sisters were lost. The prize winning costumes were worn by Gwen Hiltz and Chris Peczarski — who represented Panda Bears. Lovely selections of sheet music were given to us by Sister Mary James. Many, many thanks, Sister. Our enjoyable evening ended with a lunch of hot dogs, cake, ice cream and cokes.

## SLEIGH RIDING PARTY

Off through the drifts of snow in an open sleigh, accompanied by excited smiling passengers, began our rollicking sleigh ride into the country. After almost two hours of fresh, wintry air, energetic individuals stormed into our Auditorium for dancing — music by accordion and guitar. The party was a lot of fun, and of course, ended with a large lunch.



## CAPPING — SEPT. CLASS '58

In the evening 12 young women received their caps — the first step to the goal of their ambition

Sister Germaine welcomed the parents and friends to the exercises. Sister Germaine, assisted by Mrs. Greening, capped the students and gave them their H.F.H. pins and bandage scissors. Mrs. Greening explained the meaning of the "Lamps" and led the students in the Florence Nightingale pledge. After the pledge, the students went to the Chapel for the lighting of the candles, followed by the "Act of Consecration" and Benediction. To conclude the happy event, refreshments were served and a general 12 o'clock leave was issued.





SOCIAL EVENTS (Continued)



CHRISTMAS PARTY

Festive decorations, a brightly shining tree, floor littered with gifts, plus eager, beaming faces filled our Auditorium for our annual Xmas party. Santa was unable to be present — but we got our presents just the same. A lovely box of chocolates was our gift from the Sisters, a large scenic picture from Miss Slattery and Mrs. Davidson — many thanks. The party ended with a huge lunch and everyone went to bed happy.

INITIATION

An announcement on the bulletin board appeared, leaving initiation orders for the probies of '58.

In the recreation room after dinner we were confronted with various original designs — in person. The probies were seen walking backwards up and down stairs, wearing a white nylon stocking over the head, topped with a spring bonnet. Fleece lined underwear and highheeled shoes added to the attraction. No smoking, bowing to seniors, and to big sister, obeying orders were part of the routine. The initiation ended with a program and the singing of their class song. Court followed with many and varied sentences. A special 12 o'clock leave was granted.



VALENTINE'S DAY DANCE

Hearts, cupids and decorative red and white streamers gave atmosphere for our Valentine's Day dance. The Auditorium was packed with energetic young couples dancing to music supplied by the Ballentynes. Highlight of the evening was a drum solo. A delicious lunch concluded the evening.

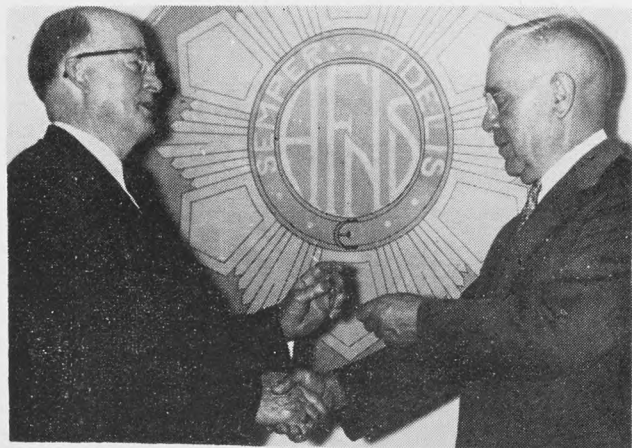


Exterior view of the recently completed new residence.

● OPENING CEREMONIES

● A TOUR OF THE RESIDENCE

# Our New Residence



At the official opening of the new residence, Mr. Quinn, chairman of the hospital board, was presented with the keys to the new school by architect G.J.K. Verbeke.

## OUR NEW RESIDENCE

**A**s you walk up the steps of the new residence, the first thing you notice is the bright, golden, lettering "Holy Family School of Nursing." The doorbell is rather original, it rings with three musical chimes, twice for the front door and once for the two doors at the back.

Upon entering the rotunda the chartreuse leather chairs will catch your eye. The desk is directly ahead of you with the ever-busy switchboard beside it.

To the right of the desk you see the guest room, clinical instructresses' offices, Sister Germaine's and Sister Rosarie's offices and suites.

The corridor leads to the classrooms. They are divided by a modernfold door; the large classroom seating 60, the smaller one 25 students. There is also a demonstration room which will contain three hospital units and a section of desks.

Along the corridor to the left of the desk is Mrs. Greening's office, kitchenette and the sick-bay. At the end of the hall is the reception room beautifully furnished in brown and pink sectional pieces. The dominating feature of the room is the large mirror over the fireplace. Our bright library is situated next to the reception room.

On the ground floor is the auditorium which seats 300 people. This is a popular spot because the coke machine is in this room. Along one side of the hall you will see the trunk room, ironing and sewing rooms, and the ever-popular recreation room or "smoker." The other side of the hall is taken up with laundry room, dietetic laboratory, and dietitians' office.

The second and third floors are the residence; there are thirty-two privates and twenty-four semi-privates. The furniture is of blonde wood and the beds are Hollywood style. The large desk has three drawers down one side. Each room has a large closet and venetian blinds. The bedspreads are tan, brown and black combined in a pleasing plaid. There is a small sitting-room on each floor and a phone booth. You will find four showers and two bathtubs on each floor. Special thanks to the Alumnae for the furniture.



During the afternoon ceremonies on Opening Day, proficiency awards were presented by F.H. Burkitt to Wilna Jameson, Margaret Price and Helen Gabriel. The awards, presented for the first time this year, are provided by the Florists' Telegraph Delivery Association to encourage nurses in their studies and to inspire others to enter the nursing profession.

*Turn Page*



## OUR NEW RESIDENCE



Student nurses Miss Hicks, Miss Beleyowski and Miss Johnson are shown enjoying tea served by Mrs. Casey at the official opening.



The handy kitchenette for students is equipped with electric range and rangette, refrigerator, electric appliances, chrome kitchen set, a stainless steel sink and built-in cupboards.

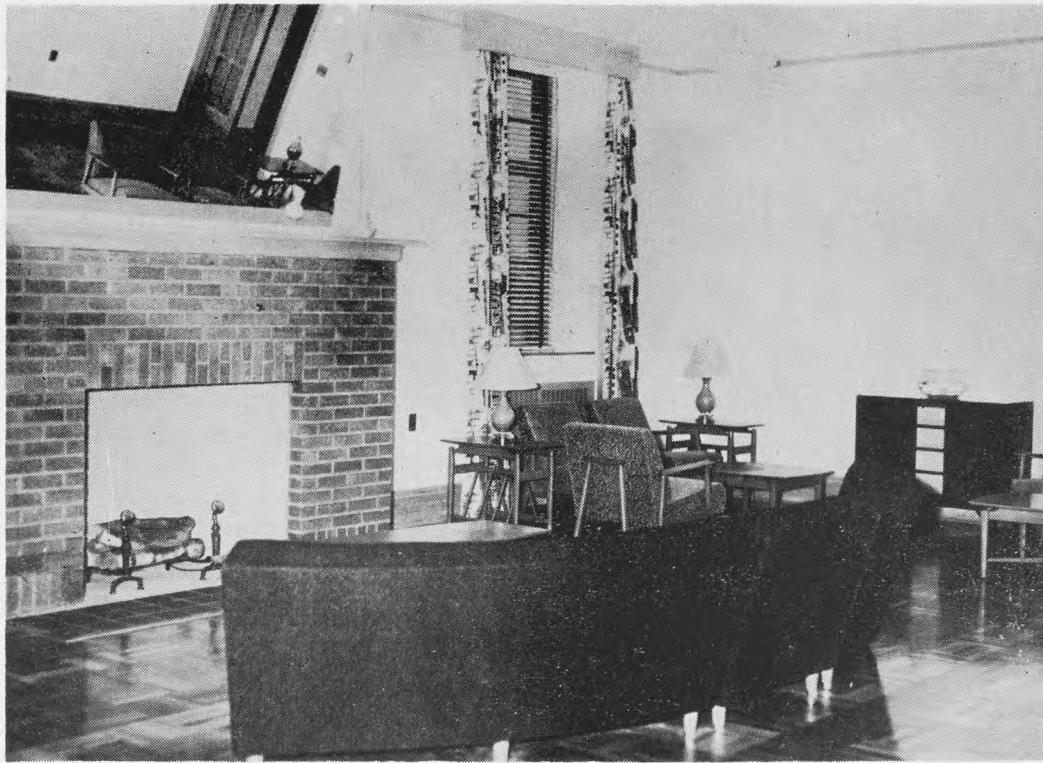


The beautiful entrance and lobby of the new residence is equipped with chartreuse leather chairs and reception desk.

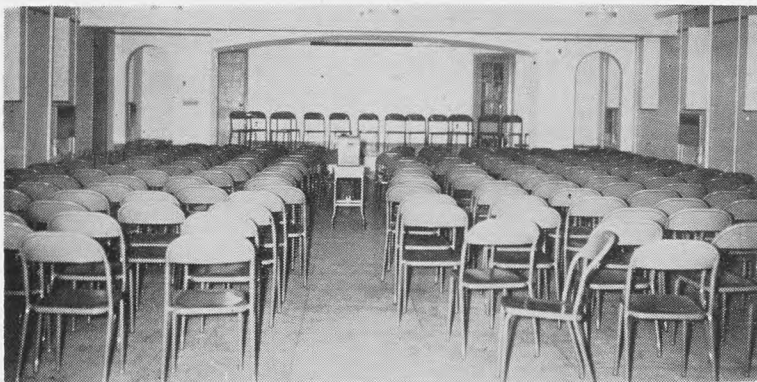


There are 32 private rooms for students. Each room is furnished with a combination dresser and desk, chair, hollywood style bed with radio shelf in blonde finish, a large mirror and built-in cupboards.

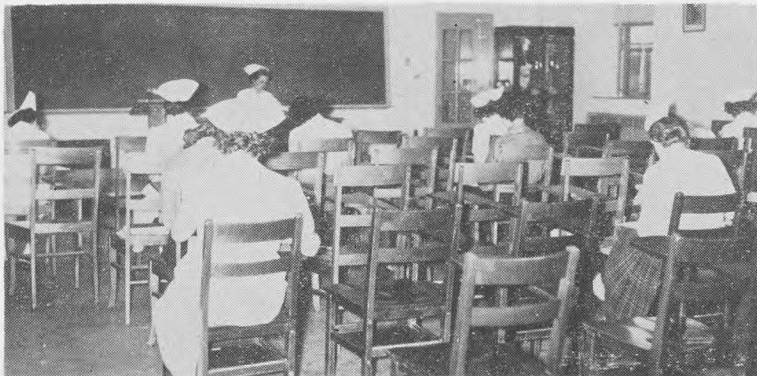
## OUR NEW RESIDENCE



The imposing reception room is equipped with ultra-modern furniture upholstered in brown, rose and green. A dominating feature of the room is a large electric fire place with overhanging mirror.



The school's spacious auditorium, complete with stage and dressing rooms, seats 300 people. A "Coke" machine makes this a favorite spot with the students.

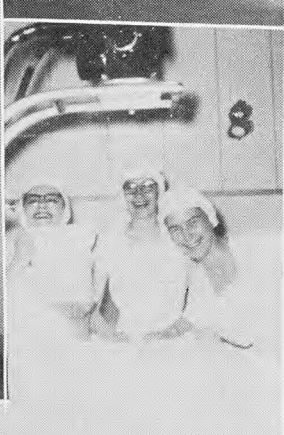
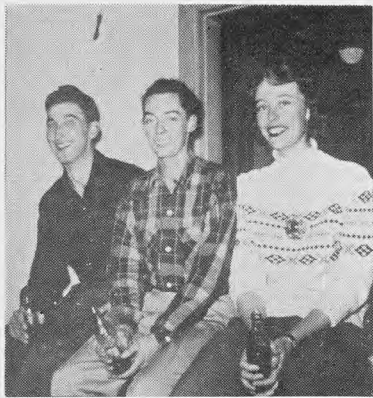


The large classroom seats 60 students and may be divided by a modern-fold door. The classrooms are well lighted and air-conditioned. Demonstration room contains three hospital units and a section of desks.



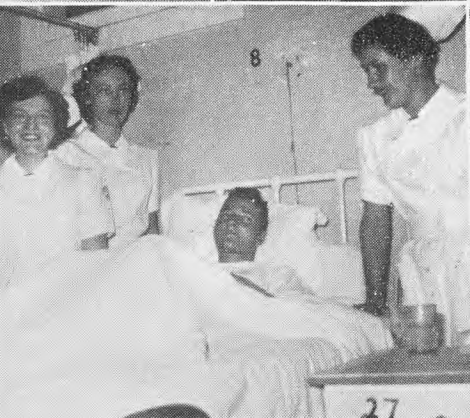
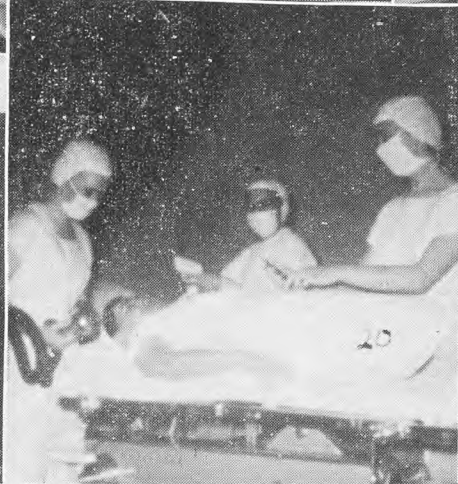
The 24 semi-private rooms are identical to the private rooms except for double closets and furniture.





1. Sleigh riding daze. 2. Hospital Essentials. 3. Grad of 1970. 4. Longjohns. 5. The night is still young. 6. What's the attraction? 7. The three musketeers. 8. Nice Table. 9. She can sing too. 10. Smile pretty. 11. Marshmallow. 12. Our Cooks. 13. "Anahow". 14. Me and my Moe.





15. Picture Perfect. 16. Don't you dare!  
17. See Maw! — a black band! 18. 'There's  
to our future. 19. That's an Irish Lullaby.  
20. M.D's. 21. Caught in the Act. 22. St.  
"Jo" Nickolas. 23. San days. 24. This calls  
for a celebration. 25. 'Twas the night be-  
fore Xmas. 26. Working overtime. 27. Pulse  
going up? 28. . . . "Affectionately, George."

# What Is a Student Nurse?

Between the ignorance of a highschool girl and the superior wordliness of an RN, we find an impossible character called a student nurse.

They come in assorted sizes, shapes and weights and are all self-classified as living dolls! They are found everywhere; in the kitchen, at parties, at shows, in cars, raiding the fridge, window shopping, in the infirmary and on scant (very scant) occasions, studying in the library.

They like boys, spare periods, food, overnights, cars, other people's money, parties, cokes, allowances, piggy banks and the smoker.

They hate hospital food, getting up for breakfast, getting up time, patient's false teeth, exams, people who earn money, studying, and discontented patients.

A student nurse has a language all her own, a style of dress all her own, a shade or shades of hair all her own, and a boyfriend whenever possible, but resists with pseudo-innocence and careful cunning in sharing with you any money or food she happens to be in possession of.

No one else can cram into one purse: one eyelash curler, empty wallet, tooth brush, shampoo, comb, tongue depressor, 3 tubes of lipstick (2 empty), bobby pins, notes, compact, bottle opener, flashlight, pen, scarf, empty change purse, mirror, address book and several unmailed letters.

They are magical creatures — no one complains more about food but can gain so much weight, and although you never hear from her during the week you can always find her in your kitchen at regular intervals on her day off.

To her patients no one can be so sweet, anxious to please, boisterously helpful, or so hard to find in an emergency. She has the hands of a laborer, the soul of a martyr, the appearance of a well-fed, starched automaton, and the tact and the diplomacy of a 5-year old.

As your friend, no one can act more superior when she has learned a new word, more sympathetic when you feel blue, get more blind dates when you want to stay home, or be counted on to turn up regularly twice a month with the magical words, "Lend me a dollar!"



"This is that tonsillectomy I was telling you about."



"What did you wish to see the doctor about?"



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of  
Holy Family Hospital

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COMPLIMENT  
EVERY TIME YOU WEAR  
ONE  
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